

INFORMATIONAL GUIDE TO

TOXIC MOLD & MYCOTOXINS



MOLDMEND

TOXIC MOLD HEALTH SOLUTIONS

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@MOLDMEND



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INTRODUCTION

HELLO, I'M YOUR FUNCTIONAL & HOLISTIC HEALTH PRACTITIONER, DANIELLE.

A FEW THINGS ABOUT ME

- I LOVE LEARNING
- 17+ YEARS IN HOLISTIC HEALTH
- 12+ YEARS OF MEDICAL WEIGHT LOSS & HEALTH COACHING (QNT)
- BACKGROUND IN FUNCTIONAL NUTRITION & LIFESTYLE COUNSELING (FNLP/CHHP)
- LEVEL II - QUANTUM NUTRITION RESPONSE MUSCLE TESTING PRACTITIONER (QNT)
- PARTNERED WITH DR ANDREW CAMPBELL, MD - THE TOXIC MOLD EXPERT
- CURRENTLY GETTING CERTIFIED IN FUNCTIONAL BLOOD CHEMISTRY ANALYSIS



I TRULY BELIEVE WE ARE ALL OUR OWN HEALTH ADVOCATES. IN TODAY'S WORLD, WE HAVE TO BE! I'M HERE TO WALK ALONG SIDE YOU ON YOUR HEALING JOURNEY, OFFERING A HOLISTIC APPROACH WITH RECOMMENDATIONS AND INSIGHTS. I KNOW I'M A GREAT ASSET BECAUSE I HAVE BEEN ON MY OWN HEALING JOURNEY MYSELF, I'VE "TRIED IT ALL" & CAN TRULY RELATE TO WHAT YOU'RE GOING THROUGH.

CHAPTER I

THE ROOT CAUSE TO UNEXPLAINED SYMPTOMS

Are you sick and tired of being sick and tired all the time?

Have you gone from doctor to doctor?

Have you had lots of tests?

tried many medications and/or supplements?

& still feel awful?

You and many others like you could be suffering from exposure to molds and mycotoxins where you live, where you work, in your car or at your frequently visited places such as church or the gym.

Many people who are diagnosed with Chronic Fatigue Syndrome, Fibromyalgia, Lyme Disease, and others may actually be suffering from the consequences of mold and mycotoxin exposure.

Mycotoxins are a secondary metabolite of mold spores; in other words, they are what mold spores produce to weaken and destroy your health. Mycotoxins are very strong and powerful and destructive to our organs and systems.

Mycotoxins can cause diverse & powerful toxic effects...

- Carcinogenic: cause cancer
- Hepatotoxic: toxic to the liver
- Immunotoxic: toxic to the immune system
- Dermatotoxic: toxic to skin
- Teratogenic: cause fetal abnormalities
- Neurotoxic: toxic to the brain and nervous system
- Estrogenic: cause elevated levels of estrogen
- Hemorrhagic: cause internal bleeding and bruising
- Nephrotoxic: toxic to kidneys
- Mutagenic: cause genetic abnormalities

CHAPTER II

SYMPTOMS OF TOXIC MOLD & MYCOTOXINS

- Fatigue
- Short term memory loss
- Brain "fog"
- Headaches
- Easily confused
- Blurred vision or visual episodes
- Seizures
- Loss of equilibrium
- Feeling "spaced out"
- Muscles and joint aches and pains
- Intolerance of bright lights
- Decreased libido
- Sores that will not heal & rashes
- Shortness of breath
- Cardiac arrhythmias
- Mood swings, personality changes
- Tremors
- Abdominal pain and discomfort
- Hair Loss
- Numbness and Tingling in hands/feet
- Nosebleeds
- Chronic sinusitis, severe nasal allergies
- Sleep disturbance
- Painful lymph nodes
- Low-grade fever or feeling hot often
- Uncomfortable or frequent urination



CHAPTER III

MYCOTOXINS ARE LINKED TO MANY DISEASES

**LYME DISEASE**

Many patients suffering from chronic Lyme disease may actually have mycotoxicosis. The symptoms are very alike, and when the treatment for Lyme, which is a bacteria, fails to help a person the reason may be that it is actually mycotoxins causing the problem.

AUTISM (ASD)

Children with autism frequently have elevated mycotoxin antibody levels as reported in a recent study of 172 autistic children.

**ALZHEIMER'S DISEASE**

Exposure to molds and mycotoxins have been linked to Alzheimer's disease.

ASTHMA

Frequently asthma is a result of exposure to molds and mycotoxins, especially in children but also in adults.

**FUNGAL SINUSITIS**

It has been demonstrated in studies that molds cause sinusitis and are much more common than was believed.

MULTIPLE SCLEROSIS (MS)

Studies have shown that exposure to molds and mycotoxins is a risk factor in MS.

OBESITY

The effects of mycotoxins on the gut bacteria (gut microbiome) can and frequently results in obesity.

CHAPTER IV

TESTING

URINE TESTING FOR MOLD IS USELESS

The United Nations Food and Agriculture Organization and the World Health Organization has estimated that 25% of the world's crops, such as nuts, cereals, and rice are contaminated by mold. Low levels of mycotoxins are found in many foods: cereals, meat, fruits, nuts, wine, beer, coffee, etc. For that reason, mycotoxins can be found in the urine in parts per billion in healthy people. Laboratories offering urine mycotoxin testing are measuring this minute amount that's being excreted from the body...not the mycotoxins residing in the body. Furthermore, some mycotoxins cannot even be measured in urine.

WHY TESTING FOR IgG MOLDS IS NOT HELPFUL

Testing for antibodies to molds does not help at all. Say a person is 45 years old and went to summer camp for a couple of weeks when they were 12 years old. Let's say that the room that person slept in a summer camp that had mold. That person's immune system will build antibodies to those molds and they will always be present in the blood. So doing blood tests for molds doesn't help in WHEN the person was affected by molds, which could have been years ago. Mycotoxins, being toxins made by molds, is much more relevant in medicine to see if a person is affected by them CURRENTLY.



CHAPTER IV CONTINUED...

TESTING

Mycotoxin antibodies are the key to effectively diagnosing patients affected by molds. Whereas molds cause inflammation, mycotoxins bring about toxic reactions.

The accuracy, specificity, and sensitivity of mycotoxin IGG & IGE Antibodies to mycotoxins in blood serum are unsurpassed.

Molds can make you feel sick as can mycotoxins. Molds are the gun, mycotoxins are the bullet. Mycotoxins affect health more severely.

We offer a lab that will test blood serum for 14 mycotoxins, for a total of 28 results.

Up to now, there has only been a urine test but The testing for mycotoxins in blood serum is much more precise, as it's 98% accurate, and has high analytical sensitivity and specificity.

Mycotoxins from:

- Penicillium (mycophenolic acid)
- Alternaria Aspergillus (gliotoxin) Stachybotrys (Black mold)*
- Cladosporium Aspergillus auto-toxin Aspergillus/Penicillium neurotoxic mycotoxin
- Ochratoxin
- Satratoxin*
- T-2 Toxin*
- Vomitoxin*
- Verrucarol and verrucarol*
- Fumonisin
- Zearalenone

These mycotoxins are produced by the molds Stachybotrys chartarum, Fusarium, Trichoderma, and other molds. These mycotoxins are extremely toxic to humans and these are the most detrimental to health

ORDER TEST HERE

CONCLUSION

Got Your Lab Results, NOW WHAT!?

- We go over lab results
- We put you in the right direction on how to remediate the area of exposure... we have a great team of individuals that do exactly this
- Help you make Dietary, Lifestyle & Environmental modifications
- Provide you Combination of supplements (personalized to you) to help detox your body effectively yet gently
- (if needed) we will have you meet with an MD to see if medication is necessary.
- on going support & guidance (average = 6 months)
- BONUS! We are working alongside the world renown Mold Expert – Dr Andrew Campbell MD – he has more than 35 years of practice and has treated well over 17,000 patients from all over the world, ranging from ages 2 to 92, with mold and mycotoxins problems. He also has published more than 100 studies in medical journals with over 68,000 reads and chapters in medical textbooks & continues to publish every year. He is currently booking out until October of next year!

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